

PUMPERNICKEL'S DINE-IN MENU

BREAKFAST

Power Breakfast

2 eggs any style with bacon, sausage, and home fries.....\$5.25

Omelettes on Bagel or Toast

Plain egg.....\$4.35
Egg and bacon.....\$4.35
Western.....\$4.35
Veggie Western.....\$4.35
Egg and cheese.....\$4.35
Egg White.....\$4.85
Egg White and cheese.....\$4.85

Bagels

Bagels with cream cheese and lox.....\$6.25
Bagel with cheese.....\$2.99
Toasted Bagel with butter.....\$1.75
Bagel with peanut butter and jam.....\$2.25
Cheese bagel.....\$2.25

Extra Cheese.....\$0.50

Yogurt

Yogurt parfait with granola and fresh berries.....\$3.99
Yogurt (regular or low fat).....\$1.50

SANDWICHES

Cold Sandwiches

Tuna salad.....\$5.50
Salmon salad.....\$5.50
Smoked salmon.....\$6.25
Crab salad.....\$5.50
Egg salad.....\$4.75
Chicken salad.....\$5.50
Poached chicken.....\$5.75
Smoked turkey.....\$5.50
Oven roasted turkey breast.....\$5.50
Roast beef.....\$5.50
Grilled Vegetables.....\$6.99
Fresh Vegetables.....\$4.99

Hot Sandwiches

Schnitzel.....\$6.25
Roast beef with gravy.....\$6.25
Smoked meat.....\$6.25
Corned beef.....\$6.25
Large corned beef.....\$7.25

Specialty Sandwiches

Grilled chicken wrap.....\$6.99
Roasted vegetable wrap.....\$6.99
Chicken Caesar wrap.....\$6.99
Herbed grilled chicken on flatbread.....\$6.99
Make your mark grilled sandwiches.....\$6.99
Tomato and bocaccini.....\$6.99

Extra pickle.....\$0.75

Cheese.....\$0.50

Cheese: Cheddar, Swiss, Marble, Spicy Havarti, Smoked Provolone
Spreads: Yam spread, Dijonaise, Hummus, Roasted Red Pepper mayo

Hot Food Entrees

Schnitzel dinner with mashed potatoes and steamed vegetables.....	\$7.99
Roast beef dinner with mashed potatoes and steamed vegetables.....	\$7.99
Chicken dinner with mashed potatoes and steamed vegetables.....	\$7.99

Side Orders

Mashed potatoes.....	\$2.95
Small steamed vegetables.....	\$3.99

Soup (4 daily selections)

Small soup.....	\$3.25
Large soup.....	\$3.99

Salads

Mixed green, Caesar, Coleslaw, 3 bean and vegetable, Pasta salad, Potato salad, Tabouli salad, Couscous salad, Fruit salad

Medium.....	\$5.75	Large.....	\$6.75
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Salad Entrees

Medium salad with grilled chicken.....	\$7.25
Medium salad with falafel.....	\$7.25
Medium salad with tuna scoop.....	\$7.25
Large salad with grilled chicken.....	\$8.25
Large salad with falafel.....	\$8.25
Large salad with tuna scoop.....	\$8.25
Grilled salmon on salad.....	\$9.99

Desserts

Muffins.....	\$1.99
Scones.....	\$1.99
Coffee cakes.....	\$2.95
Danish.....	\$2.75
Squares.....	\$2.75
Cookies.....	\$1.99a

Beverages

Coffee.....	Sm. \$1.25	Med. \$1.40	Lg. \$1.55
Tea.....			\$1.25
Herbal tea.....			\$1.50
Small milk / chocolate milk.....			\$1.50
Large milk / chocolate milk.....			\$1.99
Pop.....			\$1.35
Juice.....			\$1.50
Water.....			\$1.50
Perrier.....			\$2.25
Fruitopia.....			\$2.25
Tropicana.....			\$2.50
Vitamin water.....			\$2.99
